

10-DAY PROGRAM FEMALE VITALITY

3 shakes per day, 2 scoops per shake

SP CLEANSE® - 15 per day

Breakfast 5 Lunch 5 Dinner 5

FEMCO - 4 per day

Breakfast 2 Lunch 2 Dinner 0

PARAPLEX® - 6 per day

Breakfast 2 Lunch 2 Dinner 2

□ CYCLING: CHASTE TREE - 2 per day
Breakfast 2 Lunch 0 Dinner 0

□ NON-CYCLING: TRIBULUS - 4 per day
Breakfast 2 Lunch 2 Dinner 0

PATIENT:	
PATIENT:	

For more program details, please visit PurificationSupport.com/FemaleVitality





We are very pleased that you understand the value in beginning this journey. A great deal of time was spent on the development of this program to produce exceptional benefits for you. In doing so we realize that every woman has different symptoms and usually falls into one of these two categories:

- Suffering from fatigue, reduced vitality, sleep issues, mild PMS or menopausal symptoms, depression, or mild cramping
- Suffering from long-standing PMS or menopausal symptoms, loss of libido, moderate to severe cramping, hot flashes, or bloating

Whichever category best describes your current level of health, rest assured you will begin to notice physiological changes during this program. While it is unrealistic to think long-standing issues can be resolved in 10 days, it will begin to lay the foundational changes needed to produce positive results with these long-standing issues. We are looking forward to building this alliance with you to improve your current level of health and well-being!